



Ruth Brouwer

Osteopathy and Physiotherapy

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FACEBOOK

facebook.com/BrouwerOsteo
facebook.com/BrouwerFysio

LINKEDIN

www.linkedin.com/pub/ruth-brouwer-cohen

VIDEO IMPRESSION

vimeo.com/194419880 [dutch]

vimeo.com/72032433 [english]

vimeo.com/70188441 [dutch]

Profile

Name Mrs. Ruth Brouwer-Cohen
Date of birth 26 June 1978
Nationality Dutch
Marital status Married

Languages

Dutch (native speaking, writing, reading)
English (advanced speaking, writing, reading)
German (moderate speaking, reading)
French (moderate speaking)
Hebrew (moderate speaking)

Education / Qualification

2017-present Oedema therapy and manual lymph drainage at Berekuyf Academy

2017 Congress weekend ICREO

2017 Tendinopathy and Performance, Luca Maestroni, SMC, Amsterdam

2017 Horses Inside Out Seminar, Gillian Higgins, UK

2016 Osteopathy in dogs, Sam Turner, ICREO

2016 Int. Conference on Equine Exercise Physiology, Utrecht University

2016 Workshop equine craniosacral techniques at Cranio Paard

2016 Daniel Kamen's Equine Mobilisation and Manipulation techniques

2016 Dissection Horse, Sharon May Davis (2x april)

2015 Equine Wellness Symposium by Dr Ridgway and Mr Mendez (Germany)

2015 Congress weekend ICREO

2015 Dissection Horse, Sharon May Davis (1x april and 2x sept.)

2015 Advanced Equine Biomechanics Course, Sharon May Davis

2014 Kinesio Taping Equine 3 at Kinesio Equine by Sybille Molle

2014 Equine Acupressure at Alona (did not finish course due to circumstances)

2014 Kinesio Taping Equine 1 and 2 at Kinesio Equine by Sybille Molle

2014 Congress weekend ICREO

2014 Advanced Biomechanics by Sharon May Davis at Equine Study Center

2014 Equine Wellness Symposium by Dr Ridgway and Mr Mendez (UK)

2013	Medical Thermography (human) at Thermografie Centrum Wensink
2013	Veterinary Manual Lymph Drainage at Blauwe Hengst
2013	Congress weekend ICREO
2013	Social Media Management at Progez
2013	Veterinary Thermography at Healthy Horse
2013	Dry Needling in horses at Andrea Schachinger
2013	Practical Ultrasound Imaging in Horse Tendons at Kliniek De Raaphorst
2012	Congress weekend ICREO
2012	Basic principles of Social Media at Progez
2011	Congress weekend ICREO
2011	Musculoskeletal Ultrasound Imaging at Fysus (4 month course)
2011-2014	Classical Dressage (Italian style) at IIAE
2007-2011	Animal Osteopathy at ICREO
2007-2008	Medical Taping Basic and Advanced at FysioTape
2005-2008	Cardiovascular diseases, Diabetes Management, COPD Management at Human Motion
2003-2005	McKenzie Method in spinal injuries at McKenzie Institute Benelux
2002	Meaning and Philosophy of Religion at Hogeschool van Amsterdam
2001	NLP Practitioner at Hogeschool van Amsterdam
1999-2003	HBO-Physiotherapy at Hogeschool van Amsterdam
1997-1999	MBO-SPW4 (gives entry to HBO) at Dudok College Hilversum
1997-1998	Sports massage at ALOS
1997	Reiki I
1997	Body language in Horses at K.F. Hempfling
1996-1997	HAVO/MBO at ROC Amsterdam
1990-1996	MAVO-D (gives entry to HAVO) at Godelinde Scholengemeenschap Naarden

Employment to Date / Work Experience

2017-present	Founder and chairwoman Nederlandse Vereniging Dierosteopathie (NVDO), the Dutch Association for Animal Osteopathy
2017	Organizer two day hands-on dissection of the horse

- 2016 Organizer two day hands-on dissection of the horse
- 2016 Organizer workshop lymphatic drainage
- 2015-2016 Photographer horse dissections
- 2015-2016 Writer for Paardvisie, an online magazine
- 2013-present Thesis evaluator for graduating animal osteopaths at ICREO
- 2013-present Promotor and thesis advisor for graduating osteopaths at ICREO
- 2013 Presentation of my ICREO thesis about the diaphragm at the International Educational Project of Embouchure (IEPE)
- 2013 Writing columns about my life as a equine osteopath in Haver Magazine
- 2013-present Member of the board of examiners at ICREO
- 2012-present Owner and physiotherapist at PLUSpraktijk Fysiotherapie RJ Brouwer in Hilversum and Zeewolde
- 2011-present Owner Brouwer Osteopathy; Equine Osteopathy
- 2010-2015 Owner Fysio Flexwerk; Agency for paramedics
- 2007-2012 Owner and physiotherapist at FysioPulse in Hilversum
- 2004-2006 Board member at yacht club "De Spiegel" in Nederhorst Den Berg
- 2004-2006 Location manager at private practice Fysiotherapie RJ Brouwer in Hilversum
- 2003-2006 Employee at private practice Fysiotherapie RJ Brouwer in Hilversum
- 2003 Internship as physiotherapist at private practice in Naarden
- 2002-2006 Employee KNMV; Promotional and informative campaigns for the Royal Dutch Motorcycle Association
- 2002 Internship as physiotherapist at Zonnestraal, division Heart, Lung and Vascular diseases in Hilversum
- 2001 Internship as physiotherapist at nursing home specialized with stroke lesions at St. Jacob nursing home in Amsterdam
- 1998-2005 Self-employed sports masseuse at Sauna Laren, Sauna Valkeveen and Sauna Soesterberg
- 1996-1998 Premium seller at renowned ice cream salon La Chiusa in Muiden
- 1989-1996 General employee at (stud)farm in Muiderberg; Care for horses from birth until sell out, including training and all daily work at the (stud)farm. In exchange I received high quality riding lessons.

Other Skills

Windows applications

Apple applications

Social Media

Organisation

Driving license A, B and BE

Interests

Studying, Anatomy (human/veterinary), Dissections, Movement, Biomechanics, Sports, Innovation, Social Media, Photography, Familytime, Everything that gives me energy.

Publications

Several blogs for Paardvisie

"The Diaphragm - more than a breathing muscle" Final thesis ICREO 2011

References

Mr. RJ Brouwer, owner and therapist at 'Acupunctuur en Echografie RJ Brouwer' in Hilversum and Zeewolde

Mr. Alen and Mr. Dirckx founders and teachers at ICREO

Mr. Boschma www.embouchure.nl